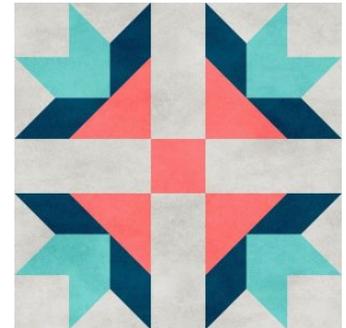


Block 2019: Goose Tracks

 aqsblog.com/block-2019-goose-tracks

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Welcome to Block 2019! We're exploring classic quilt blocks all year, and the seventh block is Goose Tracks. Part of the challenge of Block 2019 is to try different techniques and construction methods to grow and hone our skills as quilters. This month's block has three construction methods to choose from.



Fabric Requirements:

Gray (Includes quilt-as-you-go backing) — 3/8 yard
Aqua — 1/8 yard
Dark Blue — 1/8 yard
Coral — 1/8 yard
Batting — 12" x 12" (For quilt-as-you-go method only)

Cutting Instructions:

See the method instructions for specific instructions suited to each method.

Method 1: Patchwork

[Click Here to download the Patchwork templates](#)

This is the most traditional way to make the Goose Tracks block, but with inset or Y-seams, it can be one of the more difficult methods. See the notes at the end of the section for tips to help with construction.

Create durable templates from the Patchwork printable. Measure the 1" square to ensure the page printed the correct size.

The templates do not include the seam allowances, so leave space for seam allowances between shapes. On the wrong side of the fabric, trace the template to create the sewing line.

Trace the following using the templates:

Gray:
(4) A
(4) C
(8) B

Aqua:

(4) D

(4) F

Dark Teal:

(4) D

(4) F

Coral:

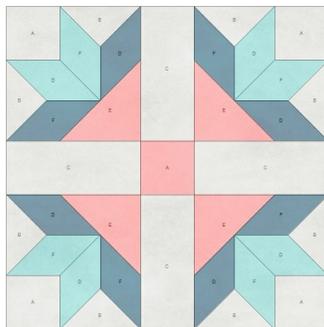
(1) A

(4) E

Add the seam allowances as you cut out the pieces.

To sew these seams, stitch only on the sewing lines and not into the seam allowances. On the wrong side of the patches, mark dots, 1/4" from the edges, to indicate the beginning and end of each set-in seam (fig. 1). Place 2 patches right sides together. Use pins to line up the dots on the 2 patches. Then sew from dot to dot, backstitching at the beginning and end, and taking care not to stitch into the seam allowance.

Use the diagram below as a guide for template placement.



By hand:

This block dates back to when all quilt blocks were hand sewn, so the block is actually easier to construct by hand than by machine. Remember not to press until the very end of sewing the block together. This allows for increased accuracy.

By machine:

Take your time and try a few of these tricks to make the block easier to piece. Decrease the stitch length on your machine to about 1.8 mm. Start a few stitches in front of the true starting point, sew to the starting point, pivot and sew down to the end. Use your handwheel at the beginning and end of seams for increased accuracy.

Method 2: English Paper Piecing

[Click Here to download the EPP templates](#)

This hand sewing method allows for accurate, beautiful results. If you enjoy EPP, this method is a great option for making the Goose Tracks block.

Print the EPP templates onto sturdy paper like cardstock and cut out.

Cut out the following:

Gray:

(4) A – 3" x 3"

(4) C – 3" x 6"

(8) B – 4 1/2" x 4 1/2" cut in half diagonally twice

Aqua:

(4) D – 2 1/2" x 4 1/2"

(4) F – 2 1/2" x 4 1/2"

Dark Teal:

(4) D – 2 1/2" x 4 1/2"

(4) F – 2 1/2" x 4 1/2"

Coral:

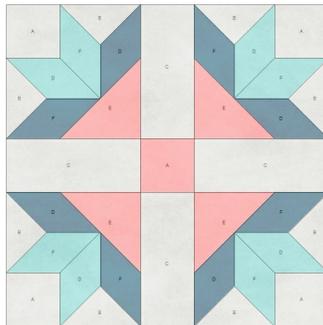
(1) A – 3" x 3"

(4) E – 4 1/2" x 4 1/2" cut in half diagonally once

Assemble the

To brush up on your EPP basics, [click here](#).

Use the diagram below as a guide for construction.



Method 3: Foundation Paper Piecing

Click Here to download the FPP templates. Print 4 copies to make the block.

FPP is the easiest way to avoid stretching bias and to get accurate results for the block on machine. This method uses no Y-seams.

Cut fabric for the FPP templates as follows:

Gray:

(8) A3, B1, C3 & D1 – 3" x 3" cut in half diagonally once

(4) A2 & C1 – 4" x 3" cut in half diagonally once

Aqua:

(8) A1 & C2 – 3" x 5"

Dark Teal:

(8) B2 & D2 – 3" x 5"

Coral:

(2) E – 4 1/2" x 4 1/2" cut in half diagonally once

Additionally, cut the following to complete the block:

Gray:

(4) 2 1/2" x 5 1/2"

Coral:

(1) 2 1/2" x 2 1/2"

To brush up on your FPP skills, [click here](#).

Section Construction

Follow the numbers of the FPP templates to complete each section. Make 4 of each section: A, B, C, D. Note that E isn't pieced, but the paper helps line up that section during unit construction. Trim the sections to the seam allowance lines marked on the paper.

Unit Construction

Lining up the flat edges of a section A and section B, sew the sections together. Press seam towards section A or open.

Repeat for sections D and C. Press seam towards section D or open.

Sew section C to Section A. Press seam open.

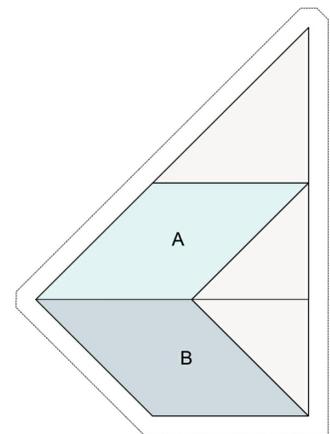
Sew section E to the corner. Press the seam towards E.

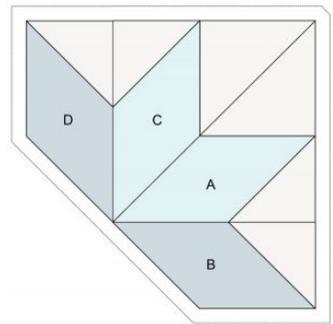
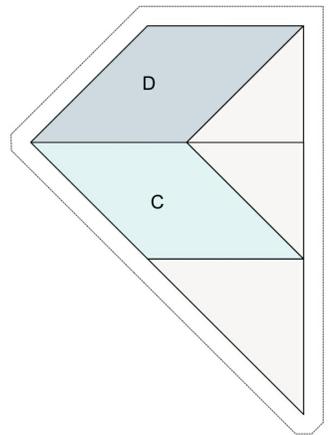
Trim if needed to 5 1/2" unfinished. Remove the paper from the back of the block to complete one Goose Track unit. Make 4 units.

Block Construction

Using the diagram below, orient the Goose Track units, gray 2 1/2" x 5 1/2" rectangles, and coral 2 1/2" square. Sew the components together in rows, and then sew the rows together into the block.

Block measures 12 1/2" x 12 1/2" unfinished.







Finishing Touches

To prepare the block for quilt-as-you-go, sandwich the 12 1/2" x 12 1/2" backing square, 12" x 12" batting centered on the backing square, and your block. Baste using preferred method. Quilt as desired inside the 12" finished size of the block.

Check back later in the month, when we'll share ideas for quilting the block.