

Cindy Seitz-Krug Heirloom Christmas Stocking Pattern

What you'll need to make one stocking:

- **1 Fat quarter of solid fabric** for front (top) of stocking (note: batiks are too stiff to make your stitches look pretty)
- **1 Fat quarter of wool batting** or low/med. loft polyester batting
- **1 Fat quarter of muslin** to line your stocking; (i.e. this will be the backing for the part of the stocking that you are going to quilt)
- **1 Fat quarter (or 1/3 yard cut) of pre-quilted fabric** for the back of your stocking
- **1/4 yard to 1/3 yard fabric** to bind stocking
- **Approx. 12" of satin ribbon** for stocking hanger
- **Blue Wash-Away marking pen**
- **1 spool of #100 silk thread** in the color of your choice (note: lighter colors are more forgiving if you make mistakes)
- **Sewing Machine Needle** recommend size 70/10
- **Feet for your machine: Free Motion foot and a walking foot** (to apply binding)
- **Misc:** Approx. 20 safety pins, masking tape

STOCKING ASSEMBLY INSTRUCTIONS

1. Trace stocking outline and quilting design onto fat quarter of fabric (use light box if necessary) with a blue wash out marking pen. Dotted lines are guidelines for your feathers.
2. Layer backing fabric (muslin), wool batting, and stocking fabric on top. Pin baste layers in place with about 12 safety pins.
3. Using a walking foot on your sewing machine, machine baste all three layers together just outside of outer stocking line. Do not trim around stocking outline yet.
4. Quilt the design. After the design is finished, add background quilting if desired, such as stippling, crosshatching, etc. (Hint: for background quilting, use thread that matches the background fabric, or invisible nylon.)
5. Submerge stocking top completely into a sink of cold water. Remove excess moisture from stocking top by rolling into a towel and pressing firmly on towel.
6. Lay wet stocking top on a dry towel to dry for at least 12 hours.
7. Pin the stocking top to the pre-quilted stocking backing fabric about every 3 inches, pinning along edges of fabric. Starting at one top corner of stocking using a walking foot, machine baste the stocking front and back together 1/8" outside of quilting line. **NOTE: Do not baste the top of the stocking.** With a sharp pair of scissors, trim both quilted layers 1/8" from edge of quilting line and basting stitches. Be sure to trim the top of stocking too, but those edges should not be basted closed.

BINDING

1. Cut enough bias strips (2-1/4" wide) to piece together to make about 50" of binding.
2. After piecing strips together, press entire strip in half, wrong sides together.
3. Cut away 3/4" from one side of binding (excess can be thrown away).
4. Remove (un-sew) about 2" of basting stitches from both **sides** of stocking at the top. Take about 8" of binding and lay on the top front of stocking with raw edges together. Laying back side of stocking down and pinning it out of the way helps at this point. Sew (with sewing machine) the binding 1/4" seam allowance from one edge of stocking to the other edge. After

this is complete, flip binding edge with the ¼" fold onto inside of stocking and hand stitch down.

5. Repeat step 4 for back of stocking.
6. Trim the top edges of stocking sides so they're even and smooth.
7. Pin stocking upper edges together again. Lay the rest of binding on front side of stocking along edge, leaving about 2" of binding excess off top edge. Make sure raw edges match. Stitch with sewing machine and walking foot at 1/4" from raw edges. When going around curves, sew slowly and carefully, easing binding along edge. Leave about 2" excess at end of stocking.
8. Trim ends of binding to about ½" or 2/3" straight. Starting at one end, fold over neatly so no raw edges show, and hand stitch down. Continue hand stitching the entire binding down (the edge with the ¼" fold should be flipped to the back of stocking and hand stitched down). When you reach the other end, fold the excess binding down so no raw edges show and finish the binding process.
9. Using a small glass or other cylindrical item, tie a bow with the ribbon. Hand stitch to the upper left corner of stocking. Make sure this is secure because if you plan on filling your stocking with Christmas goodies, there will be weight on this hanger.