

**Starting Square Sizes
For Making Continuous Bias Binding**

	60" Strip Length	72" Strip	100" Strip	144" Strip	200" Strip	250" Strip	300" Strip
1" Strip Width	8.5"	9.5"	10.5"	12.5"	15"	16.5"	18.5"
2"	12"	13"	15"	18"	20.5"	23.5"	25.5"
3"	14.5"	15.5"	16.5"	21.5"	25.5"	28.5"	31"
4"	16"	18"	20.5"	24.5"	29"	32.5"	35.5"
5"	18"	20.5"	23.5"	28"	32"	36.5"	39.5"
6"	20"	22"	25.5"	30"	35.5"	39.5"	43.5"

Strip Length = Measure the perimeter of the quilt, then add 12" for safety.

Strip Width = The cut width you need before folding/sewing.